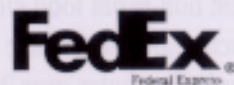


You Can Make A Difference

By simply picking up a few extra cans of nutritious food the next time you shop, or taking a can or two from your cupboard, you can help a neighbor in need.



Drop off your contribution at your company's collection site or at any 021 and 024 - Post Office.



Donations may be dropped off at the following FedEx locations:

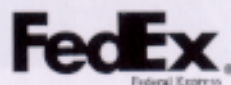
575 Boylston Street
60 State Street
16 Tremont Street
276 Washington Street

If your company does not have a collection site, ask if you can start one by calling

The City of Boston
Emergency Shelter Commission
617-635-4507



Thomas M. Menino, Mayor
Mayor's Advisory
Committee on Hunger



PROJECT
BREAD



A Voice for the Hungry



Boston Can Share Food Drive

October 20 to November 14, 2003

Boston City Hall
Room 716
Boston, MA 02201
Tel.: 617-635-4507
Fax: 617-635-3450

jim.greene@cityofboston.gov

www.bostoncanshare.com

Help Fight Hunger



Boston Can Share Food Drive

October 20 to
November 14, 2003



Thomas M. Menino, Mayor
Mayor's Advisory
Committee on Hunger
www.bostoncanshare.com



Hunger: A Hidden Crisis

- An estimated 30 million people in the U.S. (nearly 600,000 in MA) cannot afford enough food to maintain good health.
- Hunger hits children, the elderly, and disabled persons the hardest. 14 million U.S. children under the age of 12 go to bed hungry every night.
- 77% of Boston Public School students qualify for free/reduced-cost meals under USDA guidelines.



Causes

People face hunger for a variety of reasons.

- **Poverty** causes hunger. Families struggling to make ends meet due to the lack of affordable housing and insufficient income experience food insecurity and hunger.
- For others, the problem is temporary, due to sudden unemployment or a personal crisis.
- Local food pantries report an increase in first-time users due to the economic downturn.

The Boston Can Share Food Drive



- The Boston Can Share Food Drive is an annual event that makes it possible for you to make a difference.
- Last year we collected over 55,000 pounds of nutritious food, providing meals to the hungry of Greater Boston. With your help we hope to provide even more meals this year.



"Through the collaborative efforts of the Boston business community, residents, the non-profit community and city workers, the Boston Can Share Food Drive has grown to represent the generosity and compassion of our city. By donating cans of food, you are directly helping a neighbor in need. Thank you for your generosity."

Thomas M. Menino, Mayor

Food Drive Most Needed Items

Tuna • Beef Stew
Other Canned Fish or Meat
Beans, Beans, Beans! Canned or Dry
Low-sodium Meals in a Can
Canned Fruits & Vegetables
Powdered Milk - Peanut Butter
Low-sodium Soups
Macaroni & Cheese

The Food Bank is unable to distribute baby food or baby formula collected through food drives. Dry packaging and cans are preferred; glass is discouraged. Please, no perishable foods.



Where Your Donations Will Go

All donated food will be transported to The Greater Boston Food Bank, where it will be distributed to food pantries, soup kitchens and shelters throughout the Boston area.



The Greater Boston Food Bank

The Greater Boston Food Bank is New England's largest non-profit food clearinghouse.

Each year, The Greater Boston Food Bank distributes over 20 million pounds of food to over 900 charitable feeding programs, including soup kitchens, pantries and shelters. These charitable feeding agencies help to feed 465,000 hungry people each month.



Special Thanks

- Can Share would not be possible without the generous support of Project Bread and Federal Express.
- For the 17th consecutive year Federal Express is providing pick-up of food donations from all participating companies.
- For the 11th consecutive year the U.S. Postal Service will make all 021- and 024- Post Offices available as food drop off locations. USPS will extend the drive through Friday, December 5th.